



**CamJam
2011**

Camp Brochure



The CamJam 2011 Core Team



Richard Hames
Camp Chief



Phil Garrett
Chairman



David Briston
Finance



Jane Warren
Administration



Chris Halliday
Sub Camps



Arthur Towler
Activities



Rob Farrington
Business



Judy Sharp
Secretary



Tony Claydon
Site Services

Welcome to CamJam 2011

I have great pleasure in welcoming you to CamJam 2011, the Cambridgeshire international activity camp. This year we have visitors from many countries including, Ireland, France, Germany, Ghana, Uganda, Norway, Scotland, Wales and Northern Ireland. We also have staff members coming from Algeria and Nigeria.

Activities will challenge you both physically and mentally, interest you, develop your craft skills, allow you to mix and play games with Scouts from a diverse range of backgrounds and to help our understanding of Scouting from around the world, but most importantly let you have a great deal of fun and enjoyment. CamJam aims to provide you with an action packed week; we take a great deal of pride in providing a jamboree that is active with plenty to do and maintains an intimate family atmosphere. This is what Scouting is about, activities and the worldwide family of Scouting.

To add to the buzz and excitement of the camp, this year as well as the regular newspaper we will also have a camp radio, available on 87.7 FM, a first for CamJam 2011. Listen out for news and articles and perhaps even hear yourself; can your Troop come up with a unique camp jingle to record!

A great week awaits us all, enjoy yourselves and have fun and I am sure we will all go home at the end of the week with memories of another fantastic Scouting experience.

Richard Hames
County Commissioner – Camp Chief

A Word from our Hosts – Huntingdon Racecourse



We are delighted to welcome you all to Huntingdon Racecourse for CamJam 2011.

It is a great honour for us to be associated with such a wonderful event again and to have so many scouts coming from all over the UK and from around the World. I hope you all have a fabulous week and make the most of this truly fantastic experience and all that CamJam 2011 is sure to offer.

Sophie Hodgkinson
Managing Director, Huntingdon Racecourse

First Aid



The Medical Centre is situated at the end of the Cromwell Stand next to the Information Centre and will be open from 8 am to mid-night each day.

There will be emergency cover outside of these times. Telephone 07906 605911 - (*this number is also on the back of your ID card*). Please do not dial 999 for any emergencies, contact the medical team directly. If necessary sub-camp leaders or security staff will be able to assist you in getting the appropriate help.

Contingent leaders should treat all routine cuts and grazes, referring to the medical team when necessary. Any medication that requires to be kept at a set temperature, such as Insulin, should be clearly named and handed to the medical team on arrival.

Safety/Security

All contingent members, leaders and staff are required to wear their ID badge and sub camp scarf at all times. We have a well-trained security team on duty 24 hours a day who will challenge individuals not wearing ID.

There will be clearly marked areas that will be out of bounds to young people under the age of 18 years, please respect this as staff will be working shift systems and may well be sleeping. The racing area is out of bounds; only use the designated crossing point to access activities taking place on part of the area.

Please respect all staff, both from the Racecourse and CamJam. They are there to make sure that you have a safe and enjoyable stay.

Information Centre



Opening hours 8:00am – 8:00pm. Contact outside of these hours via sub-camps or security. Emergencies only 07711717731

- Camp Administration
- Activities Office
- Lost Property
- Camp Newspaper – ‘The Winning Post’
- Finance Office – all financial transactions including ordering / paying for replacement gas cylinders. Limited foreign currency exchange.

Crèche

- is situated in the Tote building almost opposite the Information Centre

Transport

Transport Office is situated at Transport Departures behind the Chile Sub Camp



Transport Office Opening Times

Saturday	12:30pm – 5:30pm (<i>enquiries only, no Day Trips</i>)
Sunday	9:00am – 6:00pm
Monday to Thursday	10:00am – 12:30pm , 1:30pm – 4:00pm
Friday	10:00am – 12:30pm

If you are on an off-site activity or Day Trip then you will need to be at the departures area 15 minutes before your trip or activity coach departs. (*Please do not arrive any earlier than this!*). For example: if your departure time is 09:00 please arrive at departures at 08:45. Please note you cannot be permitted to leave camp without the correct passes or ticket. All persons wishing to leave camp must also have their exit passes, as these will need to be handed in.

Day Trips

The Group Leader will need to visit the Transport Office, no later than the day prior to your trip, in order to collect your Day Trip passes and the paperwork regarding your trip. Please note that due to Sunday being very busy, we will have to deal with Monday and Tuesday trips as a priority. During busy periods, people going out on Wednesday or later may be asked to come back at a later time. Thank you for your co-operation.

Leader Training at CamJam 2011



Open to all leaders

During the course of the camp it is hoped to offer all training modules. A list of courses together with further information is displayed in the information centre.

Drop-into the staff sub camp any time during the day for Personal Learning Plans and Validation of modules.

Staff Catering



Pre-booked staff catering will be available in the main grandstand.

Breakfast: 7:00am - 9:00am - Hurdles Restaurant - ground floor

Lunch: 12:00pm - 2:00pm - Hurdles Restaurant - ground floor

Dinner: 5:30pm - 7:30pm - Peterborough Chase Restaurant -first floor

Packed lunches to be ordered at breakfast the day before required.



Shopping at CamJam 2011

FOOD

Milk and Bread can be ordered by completing the order form available from your Sub Camp. General groceries and meat are NOT available on site; a daily mini-bus service will operate to local shops and supermarkets. Brampton Village is around 1 mile away and has a range of shops etc and a cash point facility.

SNACKS & REFRESHMENTS

Open throughout the camp in the Food Plaza you will find the all day café, fast food take-away and the tuck shop.

The Café offers hot and cold drinks, sweet and savoury snacks, sandwiches and cakes.

The Fast Food Outlet serves fish, hamburgers, pies, sausages, chicken and chips. Group orders welcome.

The Tuck Shop has all your favourite sweets, chocolates, crisps and cold drinks.

Ice Cream - Eddies Ices are on site all day every day.

Leaders Bar – Strictly for the over 18's. Open every evening from 7.30pm to 11.00pm in Lentons Bar under the main grandstand. Real Ale and Bar Snacks available.

SHOPS & GENERAL SERVICES

Scout Shops Ltd. – Scout uniforms. Camping and outdoor equipment

One Stop Scouting Ltd – Group Clothing, Badges, Scarves, Camping Gear, First Aid Items, Games Equipment and Fun Items.

Camjam Trading (In association with One Stop Scouting) – A range of embroidered Camjam 2011 clothing and a few other branded souvenirs

Manor Badges – Displays & Sales of badges from around the world. Badge swapping facilities available.

Calor Gas – Cylinder hire & refills available. Purchase at the Information Centre and collection or delivery from Site Services.

Photographic Services – John Williams, the official camp photographer, is in full time attendance to take professional photographs of ceremonies, activities and groups. Displays and sales at the photographer's marquee in the shopping area.

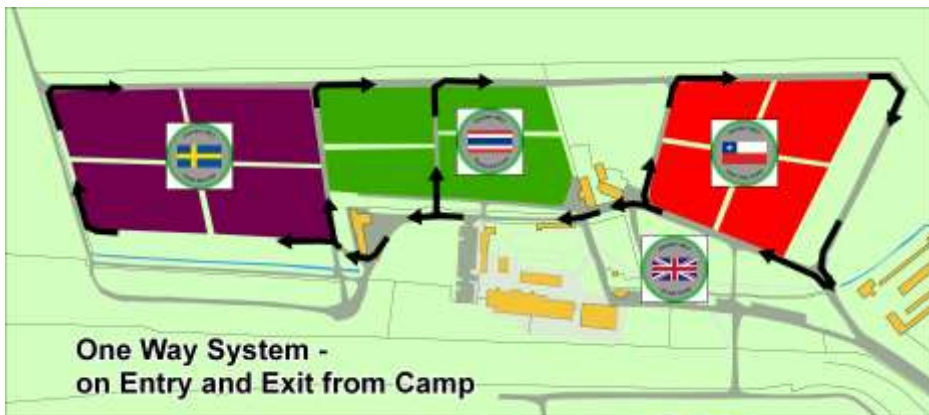
Postal Service – posting facilities are available at the Information Centre

Recycling – see back page

Clear plastic bags will be issued for recycling rubbish listed on the signs. General waste and items not for the clear bags to be placed in black plastic sacks.



Waste Water – containers are available on each sub camp for washing up and cooking water only.



Daily Programme

(See separate pages for evening activity times)

Saturday All vehicles must be parked by no later than 2200 hrs.

Sunday

10.30am Opening Ceremony
12:00 – 5:00pm It's a knockout
Mascot Derby
Record Breakers



Monday to Friday

8.00am Flag Break. Information Centre opens
9.30 - 10.00am Activities commence
4.00 - 4.30pm Activities Close
6:30pm Flag Down
Early evening Inter sub-camp activities
7.30pm Evening Entertainments Commence (see page 16)
8.00pm Information Centre closes
10.30 pm Evening Entertainments Finish
11.00pm Lights out

Tuesday Visit by local companies

Wednesday Cub Day - packs of Cubs will be roaming around and joining in some of the activities

Thursday & Friday Special guest days

Friday evening Closing ceremony

All times subject to revision - please check notice boards/"Winning Post" for details.

A hooter morning and evening will signal flag break and flag down. After each occasion it would be nice to hear "Good Morning" or "Good Night", as appropriate, to all the other campers.

Activities at CamJam 2011

The theme of this year's CamJam is "One World".

As soon as possible after pitching camp the Leader in charge needs to go to the Information Centre to book in. They will need to take 1 copy of the medical form for each person attending the Jamboree. We shall need sight of the parental permission form to take part in activities.

The leader will receive ID cards, exit pass, scarves, coloured wristbands for activities and a pack of off-site activity tickets. Orders for T-shirts, etc can be collected from One Stop Scouting, which is situated in the 'village area'.

Contingents will be given times and dates when they may visit the various activity zones. Sub camp leaders will brief contingent leaders on the activity zone system at the camp.

Any lost passports cannot be replaced for 24 hours.

Spare tickets may also be available at sub-camp HQ's. Please call in and see the staff.

Activity Times

Activities are scheduled for Monday to Friday. Depending on the activity concerned it will commence between 9.30 am and 10.00 am each morning and finish between 4.00 pm and 4.30 pm. Lunch will be 12.30 – 1.30 pm

Exit Pass

Because we are dealing with young people and the need to know where they are and also which adults are on camp, an exit pass has been issued to everyone. When leaving the site it is important to hand in your exit pass to gate security where it can be collected on your return.

Day Trips

The leader in charge of each group needs to visit the Transport Office to arrange tickets for the group's day out.

Water sports

It is essential that the young people have available a swimming costume and clothes such as shorts/tracksuit bottoms, plimsolls or similar, T shirt/tracksuit top or jumper and a windproof jacket to wear during water sports. These clothes will get wet and it is essential they are taken to the water sports activities and that they are in addition to normal camp clothes.

Staffing

We are always keen to have assistance with staffing of bases. Please come to the Information Centre and offer any time you can spare. We will be very grateful.

Activity Information Centre

This will be open each day from 8 am to 8 pm. Changes to the programme or activities will be printed in the "Winning Post" and placed on the notice boards in the Information Centre and Sub Camp Headquarters.

Daytime Activities

Zone 1

Air Rifles – How good is your aim? Can you hit that target?

Archery - Come on all you budding Robin Hoods!

Body Zorbing

Rafting

Circus Skills

Water Walkers

Zone 2

Lasers - Try your hand at marksmanship with lasers with our friends from 'Laser Like a Shot'.

Skate Park - Another exclusive activity-just make sure you put your helmet on! No excuses! Helmets and boards provided.

Ice Skating - Yes our very own rink brought in specially! Show your grace and finesse to a variety of music.

Climbing Tower - No camp would be complete without this traditional activity. Choose from two different walls.

Land Yachts



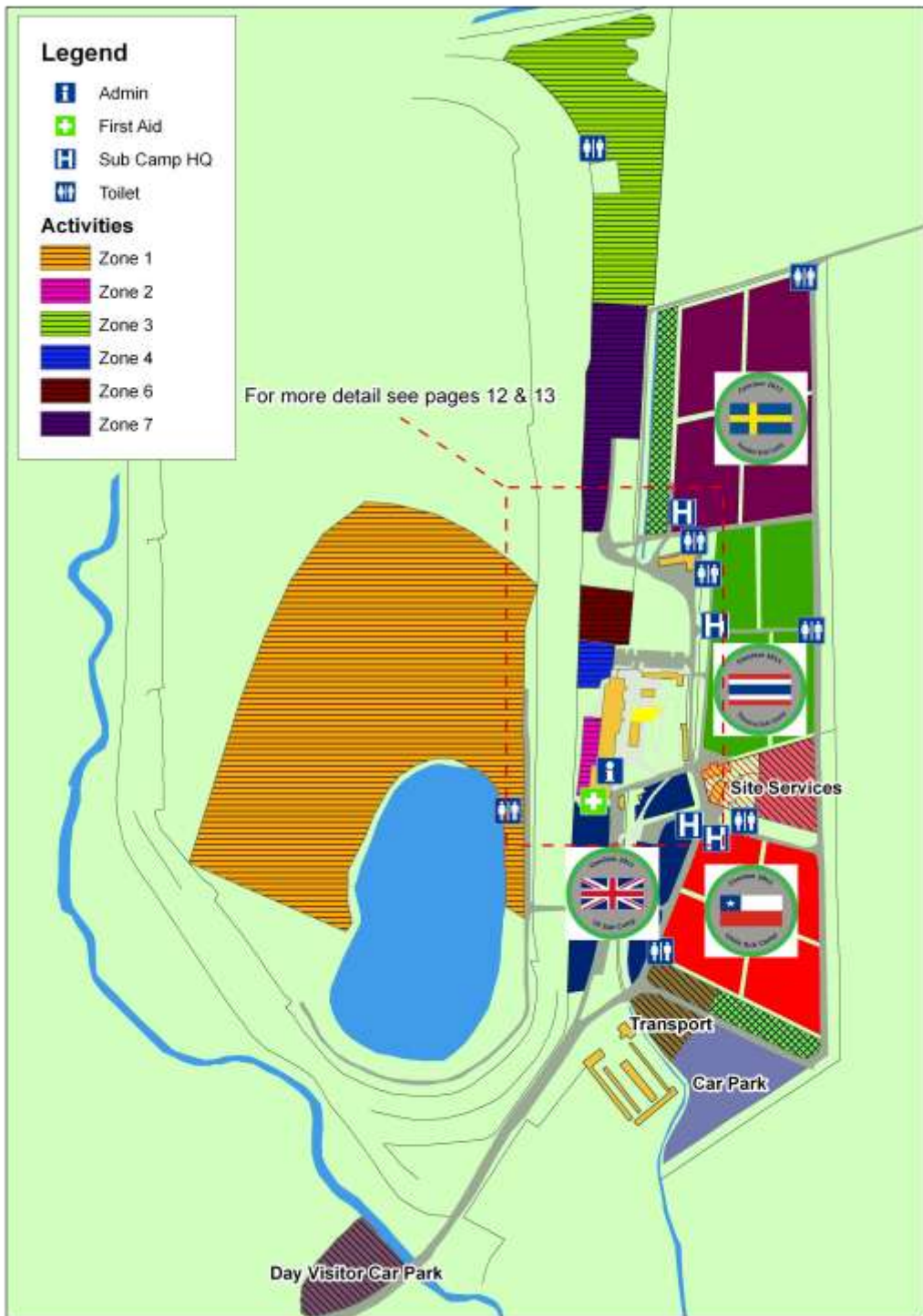
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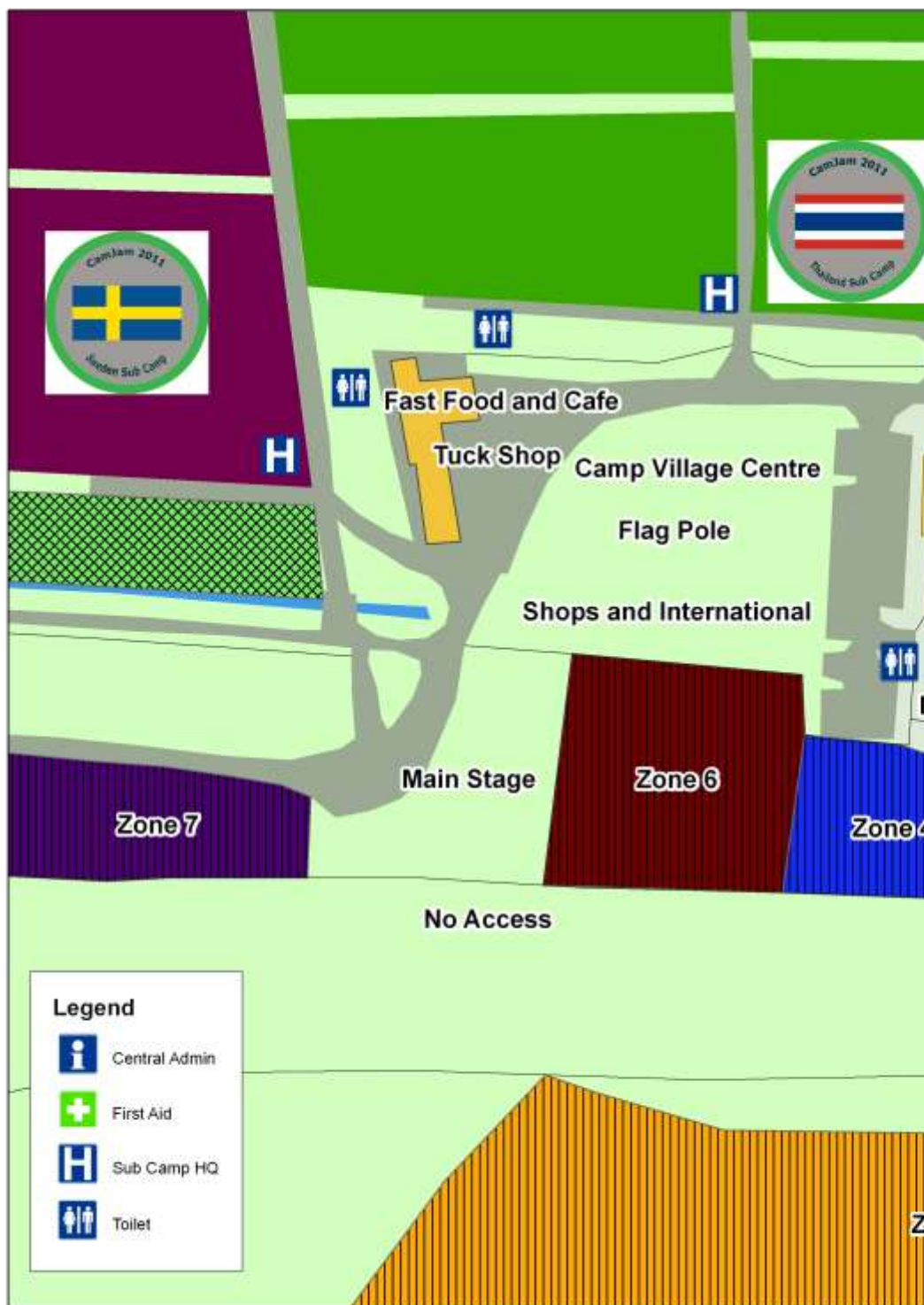
-  Admin
-  First Aid
-  Sub Camp HQ
-  Toilet

Activities

-  Zone 1
-  Zone 2
-  Zone 3
-  Zone 4
-  Zone 6
-  Zone 7

For more detail see pages 12 & 13







Zone 3

Stilt walking - Do you have the “balance”?

Go-Karting - Try your hand at racing against your friends.

Korf Ball

Tag Rugby

Catapults

Bushcraft

Push Ball



Zone 4

Camp Radio – 87.7 FM

Crafts - choose from:



Glass engraving, Pyrography, Woggle Workshop, Encaustic Fantasy Art, Doughnuts, Woggle Mania, Wood Lathes, Rope Making, Encaustic Wax Art, Tye Dye, Dog Tags, Glass Fusing, Chaos, Fancy Dip It's.



Zone 5 – Off Site Activities – ticketed

Water Activities

We have a wide variety of water activities most of which are being held off site and will involve a short bus trip: **Canoeing, sailing, fishing, Windsurfing and Bell boating** (*you will need a change of clothes and plastic bag for wet clothing*)

Ten Pin Bowling, Driving Range and Pitch and Putt:

These activities will be held at a local leisure complex and will involve a short bus trip.

AmeyCespa – Re-cycling facility near Cambridge. Introduction video and tour of the facilities where you will see how everyday rubbish is processed.



Conservation Projects

Zone 6

Drop-In: Opening Times: 9.30 – 12.30
1.30 – 4.30
6.30 – 9.00 (Monday to Thursday)

Choose from:

Scalextric, Pillow fighting, Bouldering Wall, Crazy Golf, Jenga, Croquet, Internet Café, Push Ball, Connect 4, Hand Held Catapults, Board games/puzzles, Skittles, Gaming

International Tent

Emergency Services

Red Cross

UK Power Networks

Shelter Box



Zone 7

Gun Run

Pedal Karts

Climbing Tower - No camp would be complete without this traditional activity. Choose from two different walls.

Caving – Make like a mole and tunnel through our caving simulator, just hope no-one changes the tunnels while you are “underground”?

Mobile High Ropes



Evening

Making Hot Air Balloons - During the evenings in the craft area you can try your hand at making a hot air balloon and then see if it can fly!

Cinema – situated on the first floor of the Cromwell Stand

Inter sub-camp sports and activities



Evening Entertainments

Are YOU Ready 2 Party??

Lively evening entertainment for you to enjoy. Pop until you drop! Disco and Bands on the Main Stage, Karaoke/chill out in the Entertainments marquee

Saturday

8.30pm Disco

Sunday

10.30am Opening Ceremony

7.30pm Disco

9:00pm Amy Woods



Monday

7.30pm CamJam's Got Talent

8.30pm Disco

9:00pm Black Ivy



Tuesday

7.30pm CamJam's Got Talent

8.30pm Disco

9:00pm Scout Bands

Wednesday

7.30pm CamJam's Got Talent

8.30pm Disco

9:00pm Blues Brothers Tribute Band



Thursday

7.30pm CamJam's Got Talent Final

9:00pm Amy Freeman

Friday

7:00pm Closing Ceremony

7.30pm CamJam's Got Talent Top 3

Themed fancy dress night (prize for best)

9.30pm Abba Duo Disco



Day Trips

Coventry Transport Museum

Coventry is the birthplace of the British cycle and motor industry. Discover the fascinating story behind the development of the road transport from the earliest cycles to land speed record breakers.



Natural History & Science Museum

The main National Museums are in this area of London. You could visit The Science Museum – The Natural History Museum – if you have time you could visit more than one.



Hunstanton Sea Life Sanctuary

Be wowed by the many strange, beautiful and fascinating creatures of the deep. Combining a spectacular indoor aquarium with a seal hospital and rescue centre, penguins and otters.



Imperial War Museum – Duxford

The Imperial War Museum Duxford is Europe's premier aviation museum and was an active airfield throughout the Second World War. It has preserved hangars – a control tower – operations room, which retain a period atmosphere. You wander round and have close up viewing of historic aircraft.



Woburn Safari Park - Bedfordshire

Woburn Safari Park is an action packed day for all. From the Road Safari where you can go round on the Coach (this takes about an hour), to the Foot Safari where you can mingle with the animals then grab lunch before watching the keeper demonstrations.



Cambridge City Centre – Cambridgeshire

Cambridge truly is a City for all interests and tastes. Whether you are looking for a relaxing day out in one of the world's most beautiful cities or you want to discover why the name of Cambridge is known throughout the world.



National Space Centre – Leicester

The National Space Centre is the UK's largest attraction dedicated to space science and astronomy. From the minute you catch sight of the Space Centre's futuristic Rocket Tower, you'll be treated to hours of breathtaking discovery where the stories, personalities and technology of the past and present are used to explain our current understanding of space and how it will affect our future.

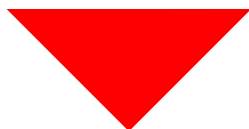


Campers

Do you want to know where someone is camping? The following tables give the groups camping in each of the three sub-camps at the time of publishing the brochure. An up to date list can be consulted at Admin HQ.



Steve Taylor



Group	County/Country
14th West Town	Cambs
8th Ashford	Kent
1st Uphill	Avon
6th Selby (Brayton)	N Yorks
1st Brayton Guides	N Yorks S
14th Basford	Cheshire
1st Wickham Bishops Guides	Essex
1st Wootton Bassett	Wilts
33rd Barnsley Salem Guides	Yorks
6th Londonderry	N I
Maidstone West District Scouts	Kent
Blacklands	Kent
6th Londonderry Eglinton	N I
25th Colchester Guides	Essex
6th Brighton	Sussex
1st Haddenham	Cambs
8th Peterborough (Longthorpe)	Cambs
Chadwell St Mary Scouts	Essex
1st Kenninghall	Norfolk
1st Finedon	Northants
1st Weston Village Scout Group	Avon
Newmarket District Explorer Scouts	Cambs
St Lawrence Explorer Unit	Kent
1st Strathaven Rangers	W Lanarks
1st Pomeroy	N I
St Oliver's Scout Group	Ireland
Ryedale Explorers & Pillington Scouts	N Yorks
2nd Cove Sea Scouts	Hants
25th Peterborough	Cambs
1st Luton Guides	Beds
Zulu Explorer Unit (YL)	Northumb
2nd Great Parndon	Essex
Sud Luberon	France
2nd Sandhurst Guides	Berks
15th Stafford	Staffs
1st Sawtry	Cambs
1st/7th Clacton on Sea	Essex
Alpha Explorer Unit	Scotland
1st Foston	Lincs
3rd Nene, Werrington & Nene Exp	Cambs



Martin Hall



Group	County / Country
63rd Peterborough (St Kyneburgha)	Cambs
1st Caterham	Surrey
1st Southoe & Buckden	Cambs
Riseley	Beds
11th Stafford	Staffs
1st Raunds	Northants
22nd Batley Guides	W Yorks S
1st Hunstanton Guides	Norfolk
1st Fordham	Cambs
1st Brampton	Cambs
43rd Northampton	Northants
1st Coggeshall Guides	Essex
Waterside Explorer Scouts	Cornwall
FreeSpirit Explorer Scouts	Wales
1st Gilwern	Wales
3rd Chapel Allerton Guides	W Yorks
Holy Trinity Senior Section	S Yorks
1st Fenstanton & Hilton	Cambs
21st Edmonton	Midds E
Spitfires Scout Troop (1st Deeping St J)	Lincs
2nd Orpington & Crofton Oak	GLSE
1st Galleywood	Essex
Orsett & Bulphan	Essex
Avery Explorers	E Sussex
1st Offord Guides	W Cambs
1st Burley in Wharfedale	W Yorks
8th Rushden (SA)	Northants
2nd Deanshanger	Northants
Swillington St Marys	C Yorks
Lerwick Sea Scouts/Hjaltland ESU	Scotland
20th Worcester	Worcs
13th Cambridge	Cambs
12th Bangor	N I
5th Wicklow Bay Sea Scouts	Ireland
Barton Scouts	Beds
West Hull District Explorers	Humberside
1st Bocking Guides & Braintree Rangers	Essex
Sandringham Explorers	Norfolk
1st Sutton	Cambs
1st Earith Bluntisham & Colne	Cambs
Brooke & Poringland	Norfolk
W Yorks Senior Section	W Yorks
Las Casas Liblar	Germany
Sykkylven	Norway
38th Cambridge/1st NW Senior Section	E Cambs
Tullis Explorer Unit	Sussex
Victoria Group	Uganda



Mark Royle



Group	County / Country
41st Epping Forest Scout Group	Essex
41st Epping Forest Explorers	Essex
21st Hartshill	Staffs
1st Blundeston	Suffolk
1st Elburton	Devon
St Ives Division	Cambs W
Worcester Int Girlguiding	Worcs
2nd Penparcau	Wales
10th Farnborough	Hants
4th Lowestoft	Suffolk
48th Newtonpark	Ireland
1st Copmanthorpe	N Yorks
1st Kimbolton	Cambs
1st Heathcote (Warwick Gates)	Warks
1st Linton	Cambs
1st Norton Scouts	N Yorks
1st Hardwick & Highfields	Cambs
101st Bedford (Kempston)	Beds
1st Ockendon	Essex
1st Boxford	Suffolk
3rd Upton	Berks
2nd Desborough	Northants
2nd Loughton	Essex
Devonshire Scouts & Explorers	Devon
Nelsons Victory Explorer Unit	Norfolk
Dalgety Bay Explorers	Scotland
4th Sidcup	GLK
1st Dersingham	Norfolk
14/18/27th Cambridge	Cambs
1st Sefton East St Andrews	Merseyside
29th Wallasey Guides	Wirral
Ringstead & Thrapston	Northants
St Vincent de Paule	France
1st Yaxley	Cambs
2nd Ipswich	Suffolk
1st Whetstone	Leics
Meon Valley Rangers	Hants
34th Northampton	Northants
Morning Star	Ghana

Camp Rules



1. A high standard of camping will be executed and maintained.
2. All activities and events will be undertaken in accordance with the Scout Association's Policy, Organisation and Rules as per the current version published on the Scout Association's Web Site.
3. All Leaders will be responsible for the security and behaviour of those in their charge.
4. In the event of any dispute the decision of the Camp's Executive Committee will be final.
5. All campers must wear their camp scarf and ID badge at all times (other than when asked to remove them for safety reasons on specific activities).
6. Any 'Lost and Found' property should be handed to the staff at the camp admin office in the Information Centre.
7. All vehicles must be parked on the designated parking areas except those authorised for emergency or site support use, these vehicles will display the appropriate pass while on site. One vehicle per group will be allowed in the short stay car park, all other vehicles and trailers will need to be parked in the long stay car park. Appropriate car passes will be issued when you check in at the Information Centre.
8. All vehicles are to display a car pass at all times with the appropriate details completed.
9. Other than for emergency purposes, a 5mph speed limit will apply across the site. All vehicles allowed on site must have their headlights switched on; hazard lights are to be used when stationary.
10. Please observe the one-way system on camp.
11. All cyclists must wear helmets.
12. All campers must abide by the site rules and the directions of camp staff and or racecourse staff.
13. All accidents, incidents and suspicious incidents must be reported to the site staff at the camp admin office in the Information Centre.
14. Campers should show respect to others on site and not disturb others' enjoyment with radios, tape players, etc.
15. Standpipes should be used responsibly and not left running or used for cleaning of any kind.
16. The organisers accept no responsibility for any loss or damage to vehicles, equipment and personal property or for personal injury during the camp.



Fire Regulations

Each Sub Camp Leader will appoint a responsible person to enforce the Fire Safety requirements

1. Please see the Sub Camp leaders before erecting larger tents or marquees.
Tentage should be pitched at least 2 metres apart.
Cooking tents and dining shelters should be adjacent to the firebreak and ideally 6 metres from other tentage where reasonably practical.
2. You must comply with the advice in the Night's Away Scheme that a fire extinguisher should be in each cooking area together with fire buckets for tentage.
3. All roadways, designated or made up, to be kept clear at all times.
4. Fire points are to be kept clear of all obstructions and to be used by authorised persons only (unless in the case of an emergency). Any unauthorised use will be considered a very serious matter.
5. Smoking is not allowed in buildings or in / near tents.
6. Litter and combustible material should not be allowed to accumulate.
7. Flammable liquids and LP Gas cylinders should be kept outside tents in a secure, designated area and in the charge of a competent and responsible adult leader.
8. Cooking and lighting appliances should not be used in small tents. When used in larger tents they must be:
 - Positioned well away from wall and roof surfaces and any combustible material.
 - Out of draughts.
 - Positioned where they cannot be knocked over.
 - Filled, or have replacement cylinders changed in the open air.
9. No candles to be used in or near tents.
10. No open fires are permitted.
11. Generators are to be kept clear of tents and positioning agreed with the Sub Camp Leader.
12. No vehicles to be parked in the camping areas.



Thanks to Our Friends and Supporters



Sophie Hodgkinson, Lindsey McCreadie and all the staff at Huntingdon Racecourse

James Knox -Jockey Club Catering

One Stop Scouting Ltd

First Copy Corporation Ltd

UK Power Networks

Hertfordshire Woodworkers

Esdevium Games

Hinchingbrooke Country Park

Paxton Pits

Pidley Golf Club

Grafham Water Activity Centre

Environment Agency

Paul Oxbury of Speedy Hire

Churches Fire

Gary Saunders of Landsmans

Abbott Electrical

Manor Enterprises

John Williams (Photographer)

Milton Brewery (Cambridge)

Coleman's of Huntingdon

Huntingdonshire District Council

Cross Keys Homes

Huntingdon RFC

MS Copy

Toojay's Training

Pearce Hire

Team Talent

Eye Community Association

Cambridge City Council

Sue Lockyer & Keith Bishops of GL Events Snowdens

Ridgeons

Bradshaws

Downe Activity Centre and the late Chris Mitchell

Leaders and friends for volunteering as Staff and helping to run CamJam 2011.

Behind the scenes there has been a large team of people supporting CamJam 2011 - to these people we offer our grateful thanks.

RECYCLING RUBBISH

USE THE CLEAR BAGS PROVIDED



 <p>Plastic bottles</p>	 <p>Plastic bags</p>	 <p>Crisp packets and sweet wrappers</p>	
 <p>Plastic bottle tops, lids and triggers</p>	 <p>Plastic packaging</p>	 <p>Plastic film</p>	 <p>Food and drinks cans</p>
 <p>All paper (no need to remove staples)</p>	 <p>Envelopes (with or without windows)</p>	 <p>Junk mail, leaflets, post it notes etc</p>	 <p>Newspapers and magazines</p>
 <p>All cardboard</p>	 <p>Cartons (eg tetra-pak)</p>	 <p>Polystyrene, glass, food, tea bags</p>	



Girlguiding UK



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